# Criminal Justice Interventions for Drug-Involved Offenders

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Center for Substance Abuse Treatment

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Pennsylvania Office of Mental Health & Substance Abuse
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Pennsylvania Dept. of Health

### Agenda

• Q: What can we do about the increasing numbers of drug-involved offenders?

Scope of the problem

Historical responses to drug-involved offenders

Current approaches

### Overview

- What We Know
  - Mass incarceration mostly of . . .
  - Drug-involved &/or mentally ill offenders
  - Historical responses to drug-involved offenders . . .
  - Have not worked
- Potential Solution
  - Oiversion!
  - Drug courts
  - Pre-arrest diversion

### **Mass Incarceration**

- Total Correctional Population
  - o 2.3 million incarcerated
  - o 5 million on probation/parole
- 3.1% of adults are under correctional supervision
- Individuals with drug problems &/or mental health problems are hugely over-represented

### Scope of the Problem: Drug Use & Offending

- High rates of drug-involved criminal offenders
  - 080/40/20
  - Arrestees (67%), probationers (68%), parolees (80%), & juvenile arrestees (30%)
- Strong relationship between drug use & crime
  - 50+% of violent crimes
  - o 66% of domestic violence
  - 60-80% of substantiated child abuse/neglect
  - 50-75% of theft/property offenses

### Scope of the Problem: Drug Use & Offending

- Drug offenses & drug involvement
  - 51% of federal inmates & 18% of state inmates charged with drug offense
  - 40% of drug-involved offenders meet criteria for substance use disorder
  - o < 33% participate in treatment while incarcerated
    </p>

#### Scope of the Problem: Mental Illness & Offending

#### Prison Inmates

- 56% of state prisoners & 45% of federal prisoners have mental health disorders
- 10% have serious mental health disorders

#### Jail Inmates

- 64% have mental health disorders
- o 16% have serious mental health disorders

#### Scope of the Problem: Mental Illness & Offending

- Largest mental health facilities in the U.S.
  - Riker's Island
  - Cook County Jail
  - Los Angeles County Jail
- Higher arrests
- More serious charges
- Longer sentences
- More infractions
- Higher rates of victimization

### Mental Illness & Drug Use

- Drug Use: Risk factor for offending
- Mental Illness: Weak predictor of offending, with limited exceptions
- Drug Use + Mental Illness: Strong risk factor for offending

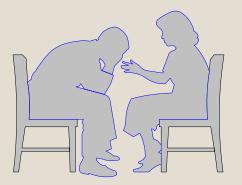
### Historical Response

Public Safety (Punishment)





Public Health (Treatment)



### Public Safety Model

#### What if we put them in prison?

- 85% relapse within 1 year of release
- 95% relapse within 3 years of release
- Within 3 years of release
  - 68% re-arrested
  - 47% reconvicted
  - 44% return to prison

#### What if we treat them in prison?

- Small effect on criminal recidivism (10% point drop)
- No effect on drug use

### Public Safety Model

#### What about intermediate sanctions?

- Slight Effect
  - Restitution
- No Effect
  - Boot Camp
  - House Arrest
- "Worse" Effect
  - Scared Straight
  - Intensive Supervised Probation

### Public Health Model



#### Attrition

- 50-67% don't show for intake
- 40-80% drop out within 3 months
- 90% drop out within 12 months
- 70% of probationers & parolees drop out within 2-6 months

#### Effectiveness

 50% of people who receive treatment remain abstinent 1 year after treatment

### Summary thus far . . .

- Prison by itself doesn't work
- Treatment in prison doesn't last
- Intermediate sanctions don't work ... & sometimes make things worse
- Treatment referrals don't take . . . & treatment produces mixed results

#### Integrated Public Health/Public Safety Model



### **Drug Courts**

- Separate criminal court dockets
- Non-violent drug offenders
- Judicially supervised
  - o drug treatment & case management
  - o urine drug screens
  - o judicial status hearings
  - sanctions & rewards
- Several months to 2 years
- Completion results in nolle prosse
- Expunged arrest record

### **Drug Courts**

- Nearly 3000 drug courts
- Exported: Australia, Bermuda, Brazil, Canada, Cayman Islands, England, Ireland, Jamaica, New Zealand, & Wales
- Other Problem-Solving Courts
  - Mental health courts
  - Family dependency treatment courts
  - Community courts
  - Domestic violence courts
  - Vets courts
  - DWI/DUI courts
  - Gun courts
  - Prostitute courts
- Therapeutic Jurisprudence

### Do Drug Courts Work?

- Drug courts are the most effective intervention for druginvolved offenders in reducing drug use & recidivism
- 60% complete at least 1 year of treatment
- Drug courts reduce crime 45% more than other interventions
- 75% of graduates remain arrest free for at least 2 years after graduation
- Significant long-term reductions in crime
- Cost effective

### Do Drug Courts Work?

#### Methamphetamine Users

- Increase treatment program graduation rates by nearly 80%
- Quadruple length of abstinence
- Reduce methamphetamine use by more than 50% compared to outpatient treatment

#### Family Drug Courts

- Parents are twice as likely to complete treatment
- Children spend less time in out-of-home placements
- o Family re-unification rates are 50% higher

### Do Drug Courts Work?

- Juvenile Drug Courts
  - Lower recidivism rate vs. standard probation
  - Lower rates of drug use & delinquency compared to juveniles in family court
  - Cost savings of \$1000 to \$5000 per juvenile over 2-yr period
- Avoiding secure detention of low-risk juveniles is important

## Is it time for a paradigm shift?

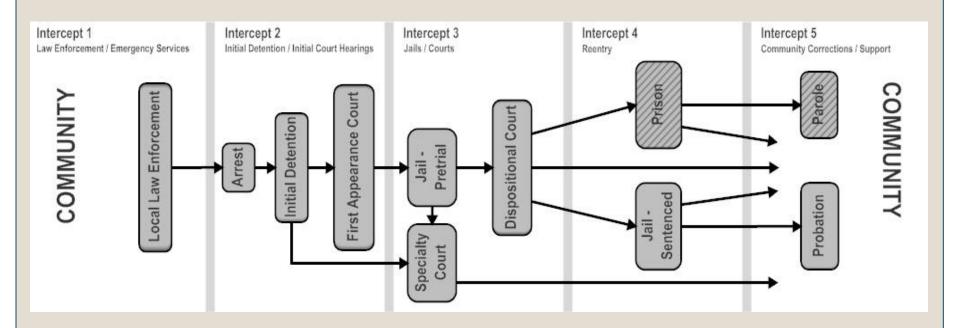
 Some treatments work for some types of drug use for some individuals some of the time under some conditions

Drug use is a chronic relapsing condition

#### **Pre-arrest Diversion**

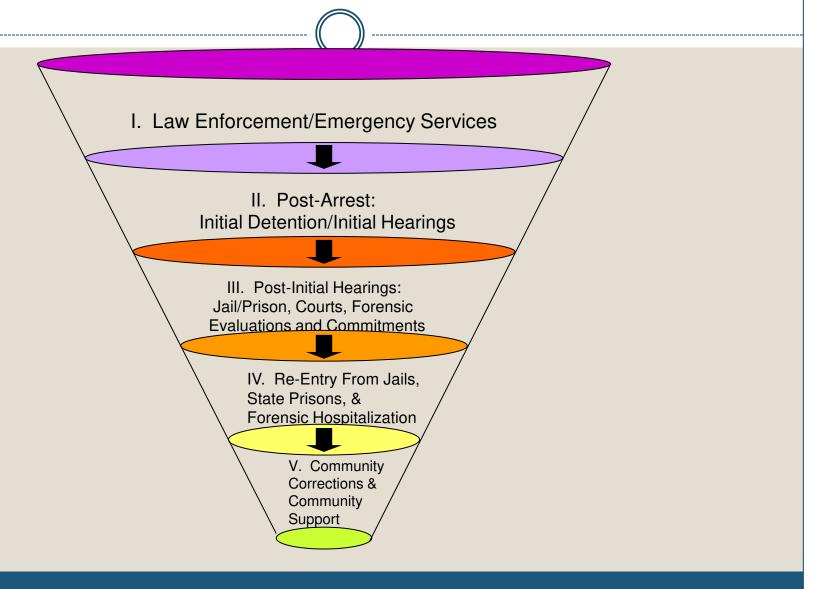
- Sequential Intercept Model (Griffin & Munetz, 2006)
  - Five points at which standard criminal justice process of arrest, conviction, & incarceration can be interrupted
  - o (1) Pre-arrest: law enforcement & emergency services
  - o (2) Post-arrest: initial detention or initial hearing & pre-trial services
  - (3) Post-initial hearings: jails/prisons, courts, forensic evaluations, & commitments
  - o (4) Re-entry from jails, prisons, & forensic hospitals
  - o (5) Community corrections/support

### Sequential Intercept Model



The Sequential Intercept Model (National GAINS Center, 2009)

### Sequential Intercept Model



#### **Pre-arrest Diversion**

- Ultimate intercept?
- Before someone enters the criminal justice system
- Offenses & offenders
  - Reduce offenses from misdemeanors to summary citations
  - Divert subsets of offenders into appropriate treatment
- Why do this?
  - Reduce jail/prison over-crowding
  - Less expensive
  - It works

#### **Pre-arrest Diversion**

# Specialized Police Responding (Crisis Intervention Training [CIT])

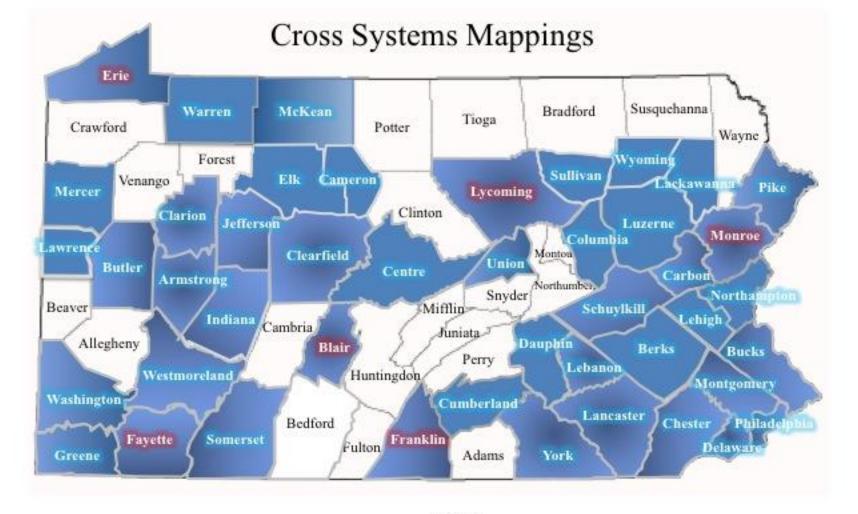
- Train police officers & dispatchers on mental illness
   & drug use, community behavioral health services,
   & crisis intervention techniques
- Goals: decrease response times, provide better care to those in crisis, & increase police officer safety
- CIT officers report feeling better prepared to handle crises, use of less physical force in crisis situations,
   & more likely to divert individuals into treatment

#### PA Mental Health & Justice Center of Excellence

- Funded in 2009 by PA Commission on Crime & Delinquency & PA Office of Mental Health & Substance Abuse Services
- Drexel Dept. of Psychology & Univ. of Pittsburgh's Western Psychiatric Institute and Clinic
- Goal: reduce justice-involvement for people with mental illness &/or substance use disorders
- Prevent those with mental illness &/or substance use disorders from entering or penetrating deeper into criminal justice system

#### PA Mental Health & Justice Center of Excellence

- Intercept 1: specialized responding & crisis intervention
- Intercept 2: post-arrest diversion programs
- Intercept 3: problem-solving courts
- Intercept 4: community reentry
- Intercept 5: development of specialized probation/parole, housing initiatives, treatment opportunities, etc.
- Conducted cross-systems mapping in 45 PA counties





#### Key:

Counties Mapped (45)
Follow-Up TA Mapping (6)

#### PA CoE: Cross-Systems Mappings

- Problem: Same people in multiple systems
  - Mental health
  - Substance abuse
  - Criminal justice
  - Social services
- Expensive
- Potential Answer: Cross-systems coordination

#### Objective: Cross-Systems Collaboration



#### **GOAL FOR SERVICES:**

- A ccessible
- c omprehensive
- T rauma-informed
- ntegrated
- o ptions
- N etworked

## Mapping Goals

- Nurture cross-system collaboration
- Map the local system
- Inventory current resources, gaps, & opportunities
- Agree on priorities
- Build an action plan

#### Creating a Local Cross-Systems Map (1.5-day process)

- Bring together key stakeholders from various systems
- Visually depict how people drug disorders or mental illness or both flow through criminal justice system
- ◆ Local map is created using Sequential Intercept Model
- ◆ Identify opportunities & resources for diverting people & linking them to treatment
- Summarize gaps in services

- Examine process in specific locality to identify ways to intercept people with drug disorders &/or mental illness
  - Prompt access to treatment
  - Opportunities for diversion
  - Timely movement through criminal justice system
  - Linkage to community resources
- Priorities for Change
  - Provide examples of successful systems integration, promising programs, & emergent collaborations
  - Determine areas where immediate steps will promote cohesive & integrated approach to service delivery
  - Develop local set of priorities for change

#### **Facilitated Action Planning**

- Half-day activity immediately following Cross-Systems Mapping Workshop
- ◆ Key stakeholders make specific plans for taking action
- Addresses identified gaps in service & priorities established during Day 1
- Address gaps through attainable, low-cost, prioritized action steps

#### Local Action Plan

- ◆ Address local problems that are impeding criminal justice, diversion, & service delivery
- Review best practices that address the identified problems
- ◆ Establish action steps & identify staff to pursue next steps
  → accountability!

# Cross-Systems Mappings

#### Final Report

- First cross-systems picture
- Wide distribution
- County-specific narrative for each of the 5 intercepts
- Describe gaps & opportunities
- Describe action plan & responsible parties
- Support for future funding applications → key is sustainability
- Reference/resource materials included

# Summary

- High rates of drug-involved offenders
- Incarceration doesn't work & is expensive
- Diversion effectively reduces relapse & recidivism
- Diversion is cost-effective & does not put the community at any increased risk

### Thank You!

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